

AAST 32ND ANNUAL MEETING LEGEND

A – AAST POSTGRADUATE COURSES

Postgraduate courses are offered on Sunday, June 6 and provide an intensive review of different trends and issues that are encountered by technologists on a daily basis.

P – PLENARY SESSION

The AAST 32nd Annual Meeting officially begins with the SLEEP 2010 plenary session on Monday, June 7. The plenary session includes the SLEEP 2010 keynote address.

G – AAST GENERAL SESSION

The AAST 32nd Annual Meeting general session is Monday, June 7 – Wednesday, June 9 and offers a variety of educational opportunities, including invited lecturer presentations, workshops, symposia and discussion group sessions.

AAST 32ND ANNUAL MEETING EVENING EVENT

Do not miss this annual event hosted at the Grand Hyatt San Antonio.

PHILIPS RESPIRONICS' AAST MEMBERSHIP APPRECIATION RECEPTION

MONDAY, JUNE 7, 2010 • 8:00PM – 12:00AM
GRAND HYATT SAN ANTONIO
LONE STAR BALLROOM – SALONS D, E AND F
(2ND LEVEL)

8:00am – 5:00pm

A01: SCORING OF SLEEP

Room 206AB

Course Chair and Speaker: Richard Rosenberg, PhD

Target Audience: This course is for sleep technicians and technologists seeking an overview of sleep scoring.

Objectives:

1. Recognize the key waveforms for sleep scoring.
2. Differentiate sleep stages.
3. Detect arousals from sleep.
4. Analyze sleep related breathing events.
5. Identify common ECG abnormalities.
6. Distinguish abnormal EEG events.

8:00am

Welcome and Announcements

8:00am – 8:30am

Introduction and Pre-test

8:30am – 9:15am

Technology Sleep Studies

9:15am – 10:15am

Waveform Recognition

10:15am – 10:30am

Morning Break

10:30am – 12:00pm

Sleep Stage Scoring

12:00pm – 1:00pm

Lunch (on your own)

1:00pm – 1:45pm

Arousals and EEG Abnormalities

1:45pm – 3:15pm

Respiratory Event Scoring

3:15pm – 3:30pm

Afternoon Break

3:30pm – 4:15pm

Movements and Cardiac Event Scoring

4:15pm – 5:00pm

Post-test and Review

8:00am – 5:00pm

A02: PEDIATRIC SLEEP

Room 202AB

Course Co-Chairs: Timothy Ruse, MEd, RPSGT; and Harry Whitmore, RPSGT

Target Audience: This course is for sleep technicians and technologists with an interest in pediatric sleep medicine.

Objectives:

1. Review the best practices in pediatric sleep medicine.
2. Discuss current research in pediatric sleep medicine.

8:00am – 8:15am

Welcome and Announcements/Overview of Objectives
Timothy Ruse, MEd, RPSGT; and Harry Whitmore, RPSGT

8:15am – 10:15am

Not Just Short Adults: What RPSGT's Need to Know about Children
Judith Owens, MD

10:15am – 10:30am

Morning Break

10:30am – 12:00pm

Pediatric Behavioral Sleep Medicine
Daniel Lewin, PhD

12:00pm – 1:00pm

Lunch (on your own)

1:00pm – 2:10pm

Pediatric Sleep Related Breathing Disorders
Hari Bandla, MD

2:10pm – 3:15pm

Pediatric Sleep Disorders
Anoop Karipott, MD

3:15pm – 3:30pm

Afternoon Break

3:30pm – 4:15pm

Indications for PSG in Children
Merrill Wise, MD

4:15pm – 5:00pm

Pediatric Sleep Pearls
Vicki Long, RPSGT

8:00am – 5:00pm

A03: MAKING THE MANAGEMENT TRANSITION

Room 205

Course Co-Chairs: Joyce Black, RPSGT, CRT; and Henry Johns, RPSGT, CRT

Target Audience: This course is for managers and supervisors of sleep labs and centers.

Objectives:

1. Identify target audiences for marketing to increase referrals.
2. Discuss techniques to keep employees current and motivated.
3. Discuss the importance of marketing techniques.

8:00am – 8:05am

Welcome and Announcements/Overview of Objectives
Joyce Black, RPSGT, CRT; and Henry Johns, RPSGT, CRT

8:05am – 8:45am

Developing Educational Opportunities to Keep Your Employees Current
Mike Garrison, RPSGT

8:45am – 9:30am

Staff Motivation and Failures
Byron Jamerson, RPSGT

9:30am – 10:15am

How to Handle the Difficult Employee and Disciplining
Connstance Shivers-Smith, RPSGT

10:15am – 10:30am

Morning Break

10:30am – 11:15am

Time Management – Getting It All Done in 8 Hours
Joyce Black, RPSGT, CRT

11:15am – 12:00pm

Getting the Numbers to Add Up – Budgeting
Henry Johns, RPSGT, CRT

12:00pm – 1:00pm

Lunch (on your own)

1:00pm – 1:45pm

Marketing Your Sleep Center – Advertising Using Local Media
Robert Turner, RPSGT, RRT

1:45pm – 2:30pm

Chicken Lights, Chrome and Optimum Idle: What You Need to Know about Expanding into the World of Long Haul Truckers
Pamela Minkley, RPSGT, RRT

A03: CONTINUED

2:30pm – 3:15pm

Presentation Skills – Engaging Your Audience and Keeping them Awake and Attentive during the Afternoon Dip
Henry Johns, RPSGT, CRT

3:15pm – 3:30pm

Afternoon Break

3:30pm – 4:15pm

Expanding Opportunities for Sleep Disorders Center – Going Outside Your Comfort Zone
Joyce Black, RPSGT, CRT

4:15pm – 5:00pm

Cognitive Behavioral Therapy for Insomnia Program
Derek Loewy, PhD; and Mark Reed

FOCUS GROUPS

Focus Groups will be held on Monday, June 7, 2010, from 5:15pm to 6:45pm in room 205 at the Henry B. Gonzalez Convention Center. **Pre-registration was required; on-site registrations will not be accepted.**

Focus Group topics include:

• **LEGAL REGULATORY ISSUES**

Moderator: Jayme Matchinski, JD

• **HOW BIG IS ACCREDITATION?**

Moderator: Brian Foresman, DO

• **RPSGT CERTIFICATION EXAM**

Moderator: Becky Appenzeller, RPSGT

• **AUTOMATED SCORING**

Moderator: Richard Bogan, MD

• **STATE SLEEP SOCIETIES**

Moderator: Timothy Ruse, MEd, RPSGT

Each Focus Group will be given an opportunity to continue the discussion after the meeting via the discussion forums on the AAST Web site.

8:00am – 5:00pm

A04: TOPICS FOR THE ADVANCED PRACTITIONER

Room 203AB

Course Co-Chairs: Allen Boone, RPSGT; and Kimberly Trotter, MA, RPSGT

Target Audience: This course is for advanced technologists and allied health care professionals.

Objectives:

1. Discuss how to expand your practice to include clinical research.
2. Discuss complex sleep related pathologies.
3. Review the medical-legal relationship in clinical sleep disorders practice.

8:00am

Welcome and Announcements

Allen Boone, RPSGT; and Kimberly Trotter, MA, RPSGT

8:00am – 10:15am

Research I: Ethics and Good Clinical Practices
Robyn Woitke, RN, RPSGT

10:15am – 10:30am

Morning Break

10:30am – 12:00pm

Research II: Informed Consent, Drug and Device Development, Integrated Development Environment/Investigational New Drug
Robyn Woitke, RN, RPSGT

12:00pm – 1:00pm

Lunch (on your own)

1:00pm – 2:00pm

Vegal Nerve Simulator: A Sleep Center Case Study
Carolyn Campo, MA, RPSGT, RRT

2:00pm – 3:15pm

Sleep and the Dialysis Patient
Shari Angel Newman, RPSGT

3:15pm – 3:30pm

Afternoon Break

3:30pm – 5:00pm

Legal Update: New Regulations that Impact Sleep Labs
Jayme Matchinski, JD