



DEAR AAST 32ND ANNUAL MEETING ATTENDEE,

Welcome to the 32nd Annual Meeting of the American Association of Sleep Technologists. This year's meeting provides you with access to the latest advances in sleep technology while networking with colleagues, mentors and leaders within the profession.

The AAST 32nd Annual Meeting kicks off with four full-day postgraduate courses on Sunday, June 6. The courses were developed by members of the Program Committee to meet the needs of all levels of sleep technologists.

On Monday morning, Derk-Jan Dijk, PhD, will present the keynote address entitled "Sleep and Circadian Rhythms – Closer Together Again" during the SLEEP 2010 plenary session. Afterward, I encourage you to participate in the opening of the SLEEP 2010 exhibit hall and the AAST workshops in the early afternoon.

I am also pleased to highlight the inclusion of four exceptional AAST invited lecturer presentations within this year's program. The AAST Program Committee invited five highly esteemed leaders within the field of sleep medicine to discuss issues within their respective disciplines. Do not miss the opportunity to listen as these individuals discuss the following topics:

Sleep as a Performance Optimization Strategy – J. Lynn Caldwell, PhD and John Caldwell, PhD

Rhythms of the Sleep Brain – Sudhansu Chokroverty, MD

Development and Application of the PAP-NAP in Sleep Medicine Practice – Barry Krakow, MD

Excessive Daytime Sleepiness – G. Vernon Pegram, PhD

The remainder of the AAST 32nd Annual Meeting contains the latest trends, practices and advancements in sleep technology and related fields through an assortment of symposia and discussion group sessions. Each session provides you with an opportunity to learn about the topics of greatest interest to you.

We also welcome you to participate in the special events that will be held throughout the meeting. More information on each of these events can be found within this program:

- Discover the advantages of volunteering for the American Association of Sleep Technologists at the AAST Volunteer Informational Meeting on Monday, June 7, 2010, from 12:30pm – 1:00pm.
- Join colleagues and friends at the annual "Philips Respironics' AAST Membership Appreciation Reception" on Monday, June 7 from 8:00pm – 12:00am at the Grand Hyatt San Antonio.
- Learn about the American Association of Sleep Technologists' latest initiatives and how to get involved with the organization at the AAST General Membership Meeting on Tuesday, June 8 from 11:45am – 12:45pm.

With changes and developments occurring in sleep technology every day, it is important that sleep technologists are provided with the opportunity to convene, interact and share their experiences and discuss issues of importance to the profession. The Program Committee hopes that you enjoy your experience at the AAST 32nd Annual Meeting and are able to both renew and initiate relationships with colleagues from around the world who share your interests. Welcome to San Antonio and enjoy the meeting.

Sincerely,

Stephen Tarnoczy, RPSGT, RRT
Chair, AAST Program Committee